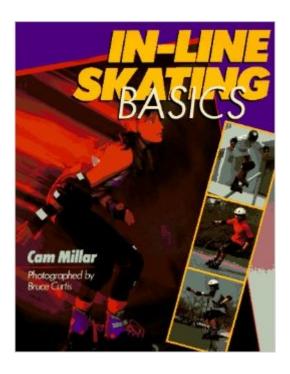
## The book was found

# **In-Line Skating Basics**





### **Synopsis**

Packed with photos, this unique, handy guide by a top coach can help anyone join in the action. The sequential approach presented here provides a sound base of balance and stay-in-shape technique that prepares you for all forms of more advanced in-line skating, like roller hockey and dancing. Find out how to choose the right pair of skates and appropriate protective gear, and then get ready to roll! 96 pages (all in color), 8 x 10.

#### **Book Information**

Age Range: 9 and up

Paperback: 96 pages

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Product Dimensions: 10 x 8.1 x 0.3 inches

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Average Customer Review: 4.5 out of 5 stars Â See all reviews (4 customer reviews)

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Outdoors > Individual Sports > Rollerskating & Rollerblading #13278 in Books > Children's Books

> Sports & Outdoors #40897 in Books > Children's Books > Activities, Crafts & Games

#### **Customer Reviews**

This a real wonderful book with sequence colour pictures for all the basic movements. It's a joy to read this book. There is nothing else in this book really, just techniques and techniques. It's pure skating.

Good book for the beginner. Lots of pictures. Reviews various techniques. Would like to have more explanation at times.

This book is about basic technique. The picture sequences are very good and show exactly how to execute these basic techniques. Although the descriptions are not very involved, the photos make it clear what the authors are trying to teach. This is a good companion to Get Rolling by Liz Miller.

satisfied

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